

Useful websites

Family Life and Relationships

- **Single Parents Support:** Offers advice and support for single parents [Single Parents Support](#)
- **Gingerbread:** Provides expert advice and practical support for single parents [Gingerbread Charity](#)
- **Family Lives:** A national family support charity [Family Lives](#)
- **Law Clinic:** Free 30 minute consultation to offer free independent legal advice. [Law Clinic - ARU](#)
- **Children Heard and Seen:** Support for children with parents in prison. [Parents in Prison](#)
- **CAfcass:** advises the family courts about the welfare of children and what is in their best interests [CAFCASS](#)



Money Worries



- **Turn2us:** Helps you find out what money you are entitled to [Turn2Us](#)
- **Money Advice Service:** Provides free and impartial money advice [Money Advice Service](#)
- **Debt Advice Foundation:** Offers free, confidential support for debt issues [Debt Advice Foundation](#)
- **Huntingdon Area Money Advice (HAMA):** Helps with debt and budgeting [HAMA](#)
- **Department for Work and Pensions:** DWP is responsible for welfare, pensions and child maintenance policy, aims to reduce poverty etc. [DWP](#)
- **Pupil Premium/Free School Meals:** [Pupil Premium/Free School meals](#)
- **Godmanchester Food Bank:** [Godmanchester Food Bank](#)
- **Emergency Financial Support (CLAS) - CLAS**
- **Managing fuel bills (support and advice) - Making Money Count**
- **Managing Water Bills (Anglian Water) - Anglian Water**

Housing and Homelessness



- **Shelter:** A housing and homelessness charity [Shelter](#)
- **Warm Homes:** Home energy advice service in Huntingdon [PECT Warm Homes](#)

Mental Health and Wellbeing

- **Anxiety UK:** Supports those living with anxiety disorders [Anxiety UK](#)
- **Mind:** Helps with treatment choices and understanding rights [MIND](#)
- **YOUNited:** YOUNited offers support to children and young people aged 5 to 17 with their emotional wellbeing and mental health in Cambridgeshire [YOUNited](#)
- **Childline:** Toolbox. [ChildLine Toolbox](#)



Bereavement and Loss

- **Winston's Wish:** Provides support for bereaved children and their families [Winston's Wish](#)

Home Life

- **Sleep:** [National Sleep Helpline - The Sleep Charity](#)
- **Parenting Courses:** Free Parenting Courses run by Cambridgeshire County Council [CCC Parenting Courses](#)
- **Toileting:** ERIC is the national charity dedicated to improving children's bowel and bladder health. [ERIC](#)
- **School Nursing Service Parent Helpline:** [School Nursing](#)



Young Carers



- **Centre 33** – provides support for young carers and young adult carers under the age of 25 who live in Cambridgeshire [Centre 33](#)
- **Caring Together:** [Caring Together](#)
- **Siblings:** For brothers and sisters of disabled children [Home - Sibs](#)
- **Young Carers at BVPS:** BVPS offer support to Young Carers. [BVPS - Young Carers](#)

We cannot recommend websites and endorse the information they provide however these are some that parents have found useful.