



Year 6 RSE

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**Get the facts**  
on Relationships  
and Sex Education

Year 5 and 6 June 2021

# What is statutory at primary school?

## **Relationships education**

This includes topics relating to:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Keeping safe

## **Health education**

This includes topics relating to:

- Mental wellbeing
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid

## **Links to the Science Curriculum**

This includes topics relating to:

- identify, name, draw and label the basic parts of the human body
- describe the changes as humans develop to old age.

# Relationships and Sex Education – Parental Choice

- **Relationships and Health Education**



There is a requirement for all children to be taught as part of PSHE

- **Puberty and menstruation (CAB)**



There is a requirement for all children to be taught this as part of the Science curriculum

**KS2 POS: describe the changes as humans develop to old age**

- **Sex Education**



This is non-statutory but follows recommended government guidance .  
(Parents can withdraw their children from these lessons)

**DFE Non-Statutory Guidance states: 'It will be for primary schools to determine whether they need to cover any additional content on sex education to meet the needs of their pupils. Many primary schools already choose to teach some aspects of sex education and will continue to do so, although it is not a requirement.'**

# RSE at Brampton

**We use the schemes of work and content produced by the Cambridgeshire PSHE Service.**



## Healthy & Safer Lifestyles

### Relationships and Sex Education

- What are different ways babies are conceived and born? (Sex Education)
- What effect might puberty have on people's feelings and emotions? CAB
- How can my words or actions affect how others feel, and what are my responsibilities? MW
- What should adults think about before they have children? FP
- Why might people get married or become civil partners? FP
- What are different families like? FP

- Human lifecycle
- Sexual reproduction
- Changing emotions and relationships
- Responsibility for others
- Love and care
- Marriage & civil partnership
- Families

# Year 6 RSE Content

## (Non-statutory) - Sex Education

- To know about different ways babies are conceived, including sexual reproduction and sexual intercourse.
- To know the stages of human fertilisation
- To be able to ask questions about sexual intercourse

## (Statutory) - Relationships Education

- To be able to recognise their changing emotions with friends and family and be able to express their feelings and concerns positively.
- To understand that they have some responsibility for the feelings and wellbeing of others.
- To have an awareness that there should be stable, caring relationships in a family to ensure children are cared for securely.
- To consider the reasons people enter marriage, civil partnerships e.g. love, trust, commitment.
- To be aware of and respect a wide range of family arrangements e.g. second marriages, fostering, same sex partners and extended families.
- Review session: To understand what they have learned and be able to share it with others.

# Why is it important to teach Relationships and Sex Education?

**The UK has the world's highest pregnancy rate in under-16s apart from the US.**

**Primary children of today are:**

- Living in an age where access to information of a sexual nature is far easier than ever before - Internet;
- Constantly exposed to news headlines and a wealth of media promoting various products using sexual connotations - 'Sex Sells!' ;
- Listening to / learning from older siblings;
- Able to watch TV and Films that have sexual content far more easily than ever before.

# Why is it important to teach Relationships and Sex Education?

**We believe it is good for pupils to learn about RSE at Primary school for the following reasons:**

- It is an environment where they feel safe and secure;
- They are with people they trust (adults and friends);
- They are able to learn within the context of relationships education;
- They learn how to keep themselves safe;
- They learn at the same time and are able to support one another;
- They are able to ask questions to sensitive issues.
- They are able to make informed and sensible choices in their future lives.

# What helps children?- Key messages

- Take responsibility for talking to us. Don't just wait for us to ask.
- If we ask you things, always tell the truth. Don't put it off or say 'I'll tell you when you're older.'
- Don't be angry and try not to be embarrassed.
- If we ask what a word means, ask us what we think the word means first.
- If you don't know something, be honest and say that you don't know.
- Give us books or leaflets, but talk to us too.
- Don't expect school to tell us everything – we want to hear from our parents too.
- Don't laugh at us or spread gossip about what we have been talking about.
- Don't save it all up for a one-off 'birds and bees' lecture. We'd rather you talked naturally, little and often.

# Correct language to be used during RSE

Apprehension	Damage	Grown up	Penis	Shave
Bacteria	Deodorant	Hips	Period	Sperm duct
Body Odour	Development	Hygiene	Positive	Stereotypes
Boyfriend	Eating	Homosexual	Precaution	Tampon
Breast	Ejaculate	Independence	Pregnancy	Teenager
Cervix	Emotion	Infection	Puberty	Testicles
Change	Erection	Labia	Pubic hair	Toiletries
Clitoris	Excitement	Love	Relationships	Urethra
Clothing	Fallopian tube	Masturbation	Repair	Uterus
Conception	Family	Menstruation	Responsibility	Vagina
Concern	Germs	Moods	Sanitary towel	Vesicle
Consideration	Girlfriend	Negative	Scrotum	Voice breaking
	Grow	Ovary / Ovum	Sexual intercourse	Vulva

# For more information

If you'd like more information about PSHE or RSE please contact us via the school office.

If you would like to withdraw your child from the sex education elements of RSE, please put this in writing to the Headteacher.

To read the government guidance for Primary parents on RSE follow this link [assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/812593/RSE primary schools guide for parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf)